

2010 Men's Indoor Bests

60 Meters

6.81	A.J. Whitaker	AFA All-Comers (1/15)
6.92	A.J. Whitaker	Big 12 Indoors (2/26-27)
6.92	Quinton Dodson	AFA All-Comers (1/15)
6.94	Quinton Dodson	Potts Indoor Invite (1/23)
6.96	A.J. Whitaker	Potts Indoor Invite (1/23)
6.97	A.J. Whitaker	Don Barrett Duals (1/30)
6.97	Quinton Dodson	Potts Indoor Invite (1/23)

60 Meter Hurdles

8.51	Javen Correia	Air Force Invite (2/13)
8.51	Javen Correia	Don Barrett Duals (1/30)
8.55	Adam Salzmann	Big 12 Indoors (2/26-27)
8.55	Javen Correia	Air Force Invite (2/13)
8.55	Javen Correia	AFA All-Comers (1/15)
8.56	Javen Correia	Potts Indoor Invite (1/23)
8.61	Adam Salzmann	Air Force Invite (2/13)

200 Meters

22.03	Quinton Dodson	AFA All-Comers (1/15)
22.05	A.J. Whitaker	Big 12 Indoors (2/26-27)
22.15	A.J. Whitaker	ISU Classic (2/12)
22.27	Quinton Dodson	ISU Classic (2/12)
22.42	Kyle MacIntosh	ISU Classic (2/12)
22.63	Adrian Gomez	ISU Classic (2/12)
22.83	A.J. Whitaker	AFA All-Comers (1/15)

400 Meters

49.46	Kyle MacIntosh	AFA All-Comers (1/15)
49.84	Matthew McCathran	Don Barrett Duals (1/30)
49.88	Kyle MacIntosh	Air Force Invite (2/13)
49.97	Adrian Gomez	Don Barrett Duals (1/30)
49.98	Kyle MacIntosh	Don Barrett Duals (1/30)
50.15	Adrian Gomez	AFA All-Comers (1/15)
50.15	Kyle MacIntosh	Big 12 Indoors (2/26-27)

600 Yards

1:11.47	Matthew McCathran	Big 12 Indoors (2/26-27)
1:11.97	Matthew McCathran	ISU Classic (2/13)
1:12.32	Adrian Gomez	Big 12 Indoors (2/26-27)
1:12.81	Adrian Gomez	ISU Classic (2/13)
1:13.24	Matthew McCathran	Potts Indoor Invite (1/23)
1:14.58	Adrian Gomez	Potts Indoor Invite (1/23)
1:16.57	Grant Duffy	Potts Indoor Invite (1/23)
1:17.35	Geo Tam	Potts Indoor Invite (1/23)
1:17.68	Travis Putnam	Potts Indoor Invite (1/23)

800 Meters

1:50.50	Steve Kasica	Husky Classic (2/13)
1:50.80	Steve Kasica	Big 12 Indoors (2/26-27)
1:54.53	Matthew Biegner	Don Barrett Duals (1/30)
1:54.97	Steve Kasica	Don Barrett Duals (1/30)
1:55.49	Grant Duffy	Husky Classic (2/13)
1:57.38	Grant Duffy	Don Barrett Duals (1/30)
1:58.70	Travis Putnam	Air Force Invite (2/12)

1,000 Meter Run

2:27.23	Matthew Biegner	Big 12 Indoors (2/26-27)
2:36.03	Adam Salzmann	Big 12 Indoors (2/26-27)
2:38.62	Alex Von Hagen	Big 12 Indoors (2/26-27)
2:40.24	Eddie Taylor	Big 12 Indoors (2/26-27)
2:43.39	Adam Salzmann	New Mexico Classic (2/6)
2:44.06	Alex Von Hagen	New Mexico Classic (2/6)
2:46.23	Eddie Taylor	New Mexico Classic (2/6)

Mile

4:09.44	Matthew Biegner	Husky Classic (2/13)
4:16.46	Brennan Lynch	Husky Classic (2/13)
4:19.93	Aric Van Halen	Big 12 Indoors (2/26-27)
4:22.58	Jonny Stevens	Husky Classic (2/13)
4:23.57	Adam Eckmann	Husky Classic (2/13)
4:26.90	Matthew Biegner	Potts Indoor Invite (1/23)
4:27.53	Brennan Lynch	Potts Indoor Invite (1/23)

3,000 Meters

8:08.33	Jordan Kyle	UW Invite (1/30)
8:11.80	Christian Thompson	UW Invite (1/30)
8:12.89	Aldo Vega	UW Invite (1/30)
8:13.98	Matt Tebo	UW Invite (1/30)
8:15.35	Aldo Vega	Big 12 Indoors (2/26-27)
8:18.07	Aric Van Halen	Husky Classic (2/13)
8:19.70	Jordan Kyle	Big 12 Indoors (2/26-27)

5,000 Meters

14:04.24	Richard Medina	Husky Classic (2/12)
14:04.36	Aldo Vega	Husky Classic (2/12)
14:15.67	Christian Thompson	Husky Classic (2/12)
14:18.05	Aldo Vega	Big 12 Indoors (2/26-27)
14:24.35	Matt Tebo	Husky Classic (2/12)
14:33.25	Christian Thompson	Big 12 Indoors (2/26-27)
14:38.18	Jordan Kyle	Husky Classic (2/12)

Mile Relay

3:19.19	MacIntosh/Aguilar/McCathran/Gomez	Don Barrett Duals (1/30)
3:21.50	MacIntosh/Aguilar/McCathran/Gomez	AFA All-Comers (1/15)
3:29.02	Duffy/Putnam/Kasica/Biegner	Don Barrett Duals (1/30)
3:34.26	Von Hagen/Emory/Ipsen/Taylor	Don Barrett Duals (1/30)

4x400 Meter Relay

3:15.23	MacIntosh/Gomez/McCathran/Whitaker	Big 12 Indoors (2/27)
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Distance Medley Relay

10:00.57	Biegner/McCathran/Kasica/Tebo	Big 12 Indoors (2/26)
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High Jump

6-06.75	Jason DeWitt	Air Force Invite (2/13)
6-06.75	Jason DeWitt	AFA All-Comers (1/15)
6-06.75	Jason DeWitt	Don Barrett Duals (1/30)
6-04.75	Jason DeWitt	Big 12 Indoors (2/26-27)
6-04.75	Jake Timmons	Air Force Invite (2/13)
6-04.75	Alex Von Hagen	New Mexico Classic (2/5)
6-04.75	Jake Timmons	Don Barrett Duals (1/30)
6-04.75	Jake Timmons	CSM Twilight (2/19)

Pole Vault

16-00.75	James Nixon	Air Force Invite (2/12)
16-00.75	James Nixon	CSM Twilight (2/19)
15-01	James Nixon	Potts Indoor Invite (1/23)
15-01	James Nixon	AFA All-Comers (1/15)
14-09	Adam Salzmann	New Mexico Classic (2/6)
14-01.25	Adam Salzmann	Big 12 Indoors (2/26)
14-01.25	Adam Salzmann	Air Force Invite (2/12)
14-01.25	Alex Von Hagen	Don Barrett Duals (1/30)

Long Jump

22-07.75	Tyler Thompson	Air Force Invite (2/12)
22-07.75	Tyler Thompson	CSM Twilight (2/19)
22-05.00	Tyler Thompson	Potts Indoor Invite (1/23)
22-02.50	Tyler Thompson	Don Barrett Duals (1/30)
22-02.25	Alex Von Hagen	New Mexico Classic (2/5)
21-11.75	Alex Von Hagen	Potts Indoor Invite (1/22)
21-11.75	Adam Salzmann	New Mexico Classic (2/5)

Triple Jump

45-02.25	Tyler Thompson	CSM Twilight (2/19)
43-06	Tyler Thompson	Air Force Invite (2/13)
43-04.50	Tyler Thompson	Potts Indoor Invite (1/23)
42-05.50	Tyler Thompson	Don Barrett Duals (1/30)

Shot Put

50-02.50	Dane Chobanian	Potts Indoor Invite (1/23)
49-11	Dane Chobanian	Husky Classic (2/13)
48-04	Michael Field	Air Force Invite (2/13)
48-00.75	Michael Field	CSM Twilight (2/19)
48-00.75	Dane Chobanian	CSM Twilight (2/19)
46-00.75	Michael Field	Don Barrett Duals (1/30)
45-10.50	Dane Chobanian	AFA All-Comers (1/15)

35-pound Weight

55-08.25	Trey Mullen	CSM Twilight (2/19)
55-02.25	Patrick Bachmann	CSM Twilight (2/19)
54-08.25	Trey Mullen	Big 12 Indoors (2/26-27)
54-06.75	Dan Chobanian	Big 12 Indoors (2/26-27)
53-11	Patrick Bachmann	Big 12 Indoors (2/26-27)
53-09.75	Trey Mullen	Husky Classic (2/13)
53-07.50	Trey Mullen	Don Barrett Duals (1/30)

Heptathlon

5083	Alex Von Hagen	Big 12 Indoors (2/26-27)
5042	Alex Von Hagen	New Mexico Classic (2/5-6)
4995	Alex Von Hagen	Potts Indoor Invite (1/22-23)
4887	Adam Salzmann	New Mexico Classic (2/5-6)
4766	Eddie Taylor	Big 12 Indoors (2/26-27)
4683	Eddie Taylor	Potts Indoor Invite (1/22-23)
4615	Eddie Taylor	New Mexico Classic (2/5-6)

2010 Women's Indoor Bests

60 Meters

8.06	Amber Rozier	AFA All-Comers (1/15)
8.10	Sydney Davis	Potts Indoor Invite (1/23)
8.10	Amber Rozier	Air Force Invite (2/13)
8.35	Jennifer Gruver	AFA All-Comers (1/15)
8.36	Jennifer Gruver	Air Force Invite (2/13)
8.37	Jennifer Gruver	Don Barret Duals (1/30)
8.37	Jennifer Gruver	Potts Indoor Invite (1/23)

60 Meter Hurdles

9.21	Brianne Beemer	New Mexico Classic (2/5)
9.21	Holly Odneal	AFA All-Comers (1/15)
9.28	Brianne Beemer	Big 12 Indoors (2/26)
9.33	Brianne Beemer	Don Barret Duals (1/30)
9.33	Brianne Beemer	Air Force Invite (2/13)
9.34	Katie Dreher	New Mexico Classic (2/5)
9.36	Alyssa Frank	New Mexico Classic (2/5)
9.36	Holly Odneal	Don Barret Duals (1/30)

200 Meters

26.22	Amber Rozier	Air Force Invite (2/12)
26.24	Amber Rozier	AFA All-Comers (1/15)
26.69	Joi Windham	ISU Classic (2/13)
26.88	Toi Windham	ISU Classic (2/13)
26.89	Jennifer Gruver	Air Force Invite (2/12)
27.01	Jennifer Gruver	Don Barret Duals (1/30)
27.08	Sydney Davis	Potts Indoor Invite (1/23)

400 Meters

56.92	Brianne Beemer	Air Force Invite (2/13)
57.93	Brianne Beemer	AFA All-Comers (1/15)
58.42	Brianne Beemer	Air Force Invite (2/12)
59.55	Joi Windham	Don Barret Duals (1/30)
59.71	Joi Windham	AFA All-Comers (1/15)
60.20	Katie Dreher	AFA All-Comers (1/15)
60.72	Sydney Davis	ISU Classic (2/13)

600 Yards

1:25.74	Elizabeth Tremblay	Big 12 Indoors (2/26-27)
1:26.77	Joi Windham	Big 12 Indoors (2/26-27)
1:27.17	Joi Windham	ISU Classic (2/13)
1:27.92	Joi Windham	Potts Indoor Invite (1/23)
1:28.66	Brooke Regan	Potts Indoor Invite (1/23)
1:28.86	Toi Windham	ISU Classic (2/13)
1:31.10	Toi Windham	Potts Indoor Invite (1/23)
1:32.15	Precious Lyons	Potts Indoor Invite (1/23)

800 Meters

2:13.96	Elizabeth Tremblay	Husky Classic (2/13)
2:13.99	Brianne Beemer	Big 12 Indoors (2/26)
2:17.56	Brianne Beemer	Potts Indoor Invite (1/22)
2:18.79	Elizabeth Tremblay	Don Barret Duals (1/30)
2:19.6	Katie Dreher	Big 12 Indoors (2/26)
2:21.57	Brianne Beemer	New Mexico Classic (2/5)
2:22.14	Brooke Regan	Air Force Invite (2/13)

Mile

4:42.56	Emma Coburn	UW Final Qualifier (3/6)
4:43.87	Emma Coburn	Big 12 Indoors (2/26-27)
4:48.05	Emma Coburn	Big 12 Indoors (2/26-27)
4:48.59	Emma Coburn	Husky Classic (2/13)
4:48.63	Emma Coburn	UW Invite (1/30)
5:13.93	Shalaya Kipp	Potts Indoor Invite (1/23)
5:16.31	Jhenya Nahreini	Potts Indoor Invite (1/23)

3,000 Meters

9:23.31	Allie McLaughlin	UW Invite (1/30)
9:25.73	Laura Tremblay	UW Invite (1/30)
9:29.00	Laura Thweatt	UW Invite (1/30)
9:35.00	Laura Thweatt	Big 12 Indoors (2/26-27)
9:37.60	Katie Cumming	Husky Classic (2/13)
9:45.27	Shalaya Kipp	Big 12 Indoors (2/26-27)
9:49.04	Katie Cumming	UW Invite (1/30)

5,000 Meters

16:34.33	Laura Thweatt	Husky Classic (2/12)
16:40.62	Laura Thweatt	Big 12 Indoors (2/26-27)
17:03.27	Shalaya Kipp	Husky Classic (2/12)
17:22.47	Jhenya Naherini	Husky Classic (2/12)

4x400 Meter Relay

3:49.49	J.Windham/Dreher/Beemer/E.Tremblay	Big 12 Indoor (2/27)
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Mile Relay

3:54.82	Dreher/J.Windham/Beemer/E. Tremblay	Don Barret Duals (1/30)
3:58.00	T.Windham/Lyons/Grandi/Garbowski	Don Barret Duals (1/30)

Distance Medley Relay

11:34.32	Cumming/E.Tremblay/Beemer/Coburn	Big 12 Indoors (2/26)
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High Jump

5-07	Holly Odneal	Don Barret Duals (1/30)
5-07	Alyssa Frank	New Mexico Classic (2/5)
5-05.25	Brianne Beemer	New Mexico Classic (2/5)
5-05.25	Holly Odneal	Potts Indoor Invite (1/22)
5-05.25	Alyssa Frank	Potts Indoor Invite (1/22)
5-05	Alyssa Frank	Air Force Invite (2/13)
5-05	Alyssa Frank	Don Barret Duals (1/30)
5-05	Laurisa Canini	CSM Twilight (2/19)
5-05	Holly Odneal	AFA All-Comers (1/15)
5-05	Alyssa Frank	AFA All-Comers (1/15)

Long Jump

17-03.50	Katie Dreher	AFA All-Comers (1/15)
17-02.75	Danielle Reagin	CSM Twilight (2/19)
17-00	Brianne Beemer	New Mexico Classic (2/5)
17-00	Renata Garbowski	CSM Twilight (2/19)
16-10	Alyssa Frank	Big 12 Indoors (2/26)
16-10	Alyssa Frank	New Mexico Classic (2/5)
16-10	Danielle Reagin	Potts Indoor Invite (1/23)

Triple Jump

37-11.50	Katie Dreher	Air Force Invite (2/13)
37-08.75	Katie Dreher	Don Barret Duals (1/30)
35-02	Katie Dreher	Big 12 Indoors (2/26-27)
Shot Put		
44-09.50	Kaity Kark	Big 12 Indoors (2/26-27)
43-06.50	Kaity Kark	New Mexico Classic (2/6)
42-08.00	Kaity Kark	Don Barret Duals (1/30)
42-03.50	Chynna McCall	Big 12 Indoors (2/26-27)
41-10.75	Molly Potter	CSM Twilight (2/19)
41-05.00	Emily Hunsucker	Potts Indoor Invite (1/23)
41-05.00	Emily Hunsucker	New Mexico Classic (2/6)

20-pound Weight Throw

50-11.50	Kaity Kark	Potts Indoor Invite (1/23)
50-10.75	Chynna McCall	CSM Twilight (2/19)
50-00.50	Chynna McCall	Don Barret Duals (1/30)
49-07.00	Chynna McCall	Husky Classic (2/13)
49-03.75	Kaity Kark	Don Barret Duals (1/30)
49-03.00	Chynna McCall	New Mexico Classic (2/6)
49-00.25	Kaity Kark	New Mexico Classic (2/6)

Pentathlon

3625	Brianne Beemer	New Mexico Classic (2/5)
3611	Brianne Beemer	Big 12 Indoors (2/26)
3468	Alyssa Frank	New Mexico Classic (2/5)
3444	Brianne Beemer	Potts Indoor Invite (1/22)
3347	Katie Dreher	Potts Indoor Invite (1/22)
3344	Alyssa Frank	Big 12 Indoors (2/26)
3293	Alyssa Frank	Potts Indoor Invite (1/22)

2010 Men's Outdoor Bests

100 Meters

10.15	Jeremy Dodson	Jack Christiansen (4/24)
10.35	Jeremy Dodson	Big 12 Outdoors (5/14-16)
10.38	Jeremy Dodson	NCAA Prelims (5/27-29)
10.41	Jeremy Dodson	Big 12 Outdoors (5/14-16)
10.42	Jeremy Dodson	Texas Invite (5/1)
10.48	Jeremy Dodson	NCAA Prelims (5/27-29)
10.52	Quinton Dodson	Jack Christiansen (4/24)
10.55	Jeremy Dodson	Michael Johnson (4/17)

200 Meters

20.40	Jeremy Dodson	NCAA Prelims (5/27-29)
20.63	Jeremy Dodson	Big 12 Outdoors (5/14-16)
20.65	Jeremy Dodson	NCAA Outdoors (6/12)
20.65	Jeremy Dodson	Texas Invite (5/1)
20.77	Jeremy Dodson	Big 12 Outdoors (5/14-16)
20.88	Jeremy Dodson	NCAA Outdoors (6/10)
20.88	Jeremy Dodson	NCAA Prelims (5/27-29)
20.92	Jeremy Dodson	Jack Christiansen (4/24)

400 Meters

49.34	Adam Salzmann	Big 12 Outdoors (5/14-16)
49.41	Jeremy Dodson	ASU Invite (3/27)
49.50	Adam Salzmann	Jim Click (4/1)
49.94	Adam Salzmann	Glenn Morris (4/22-23)
51.09	Eddie Taylor	Big 12 Outdoors (5/14-16)
51.12	Alex Von Hagen	Big 12 Outdoors (5/14-16)
51.13	Steve Kasica	Tom Benich Classic (4/3)
51.19	Alex Von Hagen	CU Invite (4/10)

800 Meter Run

1:51.59	Steve Kasica	Big 12 Outdoors (5/14-16)
1:51.80	Steve Kasica	CU Invite (4/10)
1:51.97	Matthew Biegner	CU Invite (4/10)
1:51.99	Steve Kasica	Big 12 Outdoors (5/14-16)
1:52.89	Steve Kasica	Mt SAC Relays (4/15-17)
1:53.85	Grant Duffy	Mt SAC Relays (4/15-17)
1:54.50	Matthew Biegner	Jack Christiansen (4/24)
1:55.03	Matthew Biegner	Big 12 Outdoors (5/14-16)

1,500 Meter Run

3:48.50	Richard Medina	Payton Jordan Cardinal Invite (5/1)
3:49.39	Kenyon Neuman	Mt SAC Relays (4/15-17)
3:51.76	Matthew Biegner	Mt SAC Relays (4/15-17)
3:52.59	Matthew Biegner	Big 12 Outdoors (5/14-16)
3:53.12	Richard Medina	CU Invite (4/10)
3:53.86	Joe Bosshard	Fum McGraw (5/8)
3:53.96	Joe Bosshard	CU Invite (4/10)
3:55.02	Aldo Vega	CU Invite (4/10)

3,000 Meters

8:56.46	Jerome Perkins	CU Invite (4/10)
8:58.53	Nathan Rice	CU Invite (4/10)
9:06.23	Garrett Ward	CU Invite (4/10)
9:12.20	Adam Eckmann	CU Invite (4/10)

5,000 Meters

13:48.26	Richard Medina	Mt SAC Relays (4/15-17)
13:49.56	Aldo Vega	Mt SAC Relays (4/15-17)
13:50.17	Matt Tebo	Mt SAC Relays (4/15-17)
13:52.19	Kenyon Neuman	Payton Jordan Cardinal Invite (5/1)
13:54.61	Jordan Kyle	Payton Jordan Cardinal Invite (5/1)
13:55.66	Richard Medina	NCAA Outdoors (6/12)
14:01.74	Andy Wacker	Mt SAC Relays (4/15-17)

10,000 Meters

28:59.87	Joe Bosshard	NCAA Outdoors (6/10)
29:15.57	Aldo Vega	Stanford Invitational (3/26)
29:20.97	Jordan Kyle	Stanford Invitational (3/26)
29:25.06	Kenyon Neuman	Big 12 Outdoors (5/14-16)
29:28.18	Richard Medina	Big 12 Outdoors (5/14-16)
29:31.03	Andy Wacker	Stanford Invitational (3/26)
29:31.68	Joe Bosshard	Big 12 Outdoors (5/14-16)
29:33.92	Matt Tebo	Big 12 Outdoors (5/14-16)

110 Meter Hurdles

15.15	Javen Correia	Jack Christiansen (4/24)
15.17	Javen Correia	Front Range Classic (5/1)
15.18	Javen Correia	CU Invite (4/10)
15.18	Adam Salzmann	Fum McGraw (5/8)
15.26	Adam Salzmann	Glenn Morris (4/22-23)
15.30	Adam Salzmann	Big 12 Outdoors (5/14-16)
15.62	Adam Salzmann	Jim Click (4/2)

400 Meter Hurdles

52.94	Adam Salzmann	Fum McGraw (5/8)
53.38	Kyle MacIntosh	CU Invite (4/10)
53.56	Kyle MacIntosh	Fum McGraw (5/8)
53.98	Kyle MacIntosh	Michael Johnson (4/17)
54.21	Jordan Aguilar	Fum McGraw (5/8)
54.33	Adrian Gomez	CU Invite (4/10)
54.50	Matthew McCathran	CU Invite (4/10)
54.52	Kyle MacIntosh	Big 12 Outdoors (5/14-16)

3,000 M Steeplechase

9:03.04	Christian Thompson	Mt SAC Relays (4/15-17)
9:08.18	Christian Thompson	Big 12 Outdoors (5/14-16)
9:09.27	Christian Thompson	NCAA Prelims (5/27-29)
9:12.42	Aric Van Halen	Big 12 Outdoors (5/14-16)
9:12.7h	Aric Van Halen	Mt SAC Relays (4/15-17)
9:21.63	Christian Thompson	Payton Jordan Cardinal Invite (5/1)
9:24.9h	Cameron Clayton	Mt SAC Relays (4/15-17)

4x100 Meter Relay

39.91	Whitaker/Q.Dodson/MacIntosh/J.Dodson	NCAA Prelims (5/29)
40.19	Whitaker/Q.Dodson/MacIntosh/J.Dodson	Fum McGraw (5/8)
40.35	Whitaker/Q.Dodson/MacIntosh/J.Dodson	NCAA Outdoors (6/9)
40.46	Whitaker/Q.Dodson/MacIntosh/J.Dodson	Big 12 Outdoors (5/14-16)
40.83	Q.Dodson/J.Dodson/Whitaker/MacIntosh	CU Invite (4/10)
41.21	Q.Dodson/J.Dodson/MacIntosh/McCathran	Tom Benich Classic (4/3)
41.26	Q.Dodson/J.Dodson/MacIntosh/Whitaker	Jack Christiansen (4/24)

4x400 Meter Relay

3:15.29	Gomez/McCathran/MacIntosh/Q.Dodson	Jack Christiansen (4/24)
3:16.20	Salzmann/Q.Dodson/MacIntosh/Biegner	Big 12 Outdoors (5/14-16)
3:20.50	Gomez/J.Dodson/MacIntosh/McCathran	Tom Benich Classic (4/3)
3:23.93	Putnam/Kasica/Duffy/Biegner	Jack Christiansen (4/24)
3:24.13	Putnam/Kasica/Duffy/Biegner	Tom Benich Classic (4/3)
3:25.23	Putnam/Kasica/VanHalen/Biegner	CU Invite (4/10)

Long Jump

21-10.75	Tyler Thompson	Tom Benich Classic (4/3)
21-10	Alex Von Hagen	Jim Click (4/1)
21-05.25	Tyler Thompson	CU Invite (4/10)
21-03.50	Tyler Thompson	Jack Christiansen (4/24)
21-02.75	Alex Von Hagen	Big 12 Outdoors (5/14-16)
21-02.75	Adam Salzmann	Jim Click (4/1)
21-00	Adam Salzmann	Glenn Morris (4/22-23)
21-00	Tyler Thompson	CSU-Pueblo Invite (4/17)

Triple Jump

43-04.50	Tyler Thompson	Jack Christiansen (4/24)
42-07.50	Tyler Thompson	CU Invite (4/10)
40-03.25	Tyler Thompson	Tom Benich Classic (4/3)

High Jump

6-08	Jason DeWitt	Front Range Classic (5/1)
6-07	Jake Timmons	CU Invite (4/10)
6-04.75	Alex Von Hagen	Big 12 Outdoors (5/14-16)
6-04.75	Jake Timmons	Tom Benich Classic (4/3)
6-04.75	Jason DeWitt	Tom Benich Classic (4/3)
6-04	Alex Von Hagen	Jim Click (4/1)
6-04	Jake Timmons	Fum McGraw (5/8)
6-03.25	Jason DeWitt	Glenn Morris (4/22-23)

Shot Put

49-11	Michael Field	Jack Christiansen (4/24)
49-05.50	Dane Chobanian	Tom Benich Classic (4/3)
48-11.75	Michael Field	CU Invite (4/10)
48-11.00	Michael Field	Fum McGraw (5/8)
48-04.75	Dane Chobanian	Front Range Classic (5/1)
48-00	Dane Chobanian	Fum McGraw (5/8)
46-10.00	Michael Field	Tom Benich Classic (4/3)
44-00.50	Niklas Cederstrom	CU Invite (4/10)

Hammer Throw

176-10	Patrick Bachmann	Big 12 Outdoors (5/14-16)
176-03	Patrick Bachmann	Fum McGraw (5/8)
174-05	Patrick Bachmann	Tom Benich Classic (4/3)
171-00	Trey Mullen	Fum McGraw (5/8)
170-07	Patrick Bachmann	Mt SAC Relays (4/15-17)
168-07	Patrick Bachmann	Front Range Classic (5/1)
165-08	Patrick Bachmann	CU Invite (4/9)
164-00	Trey Mullen	Jack Christiansen (4/24)

Discus Throw

182-03	Dane Chobanian	Beach Invitational (4/17)
168-06	Dane Chobanian	Jack Christiansen (4/24)
166-04	Dane Chobanian	Tom Benich Classic (4/3)
166-01	Dane Chobanian	CU Invite (4/10)
162-02	Dane Chobanian	Front Range Classic (5/1)
160-05	Patrick Bachmann	Jack Christiansen (4/24)
159-04	Patrick Bachmann	Tom Benich Classic (4/3)

Javelin

189-11	Kevin Fasing	CU Invite (4/10)
188-06	Alex Von Hagen	Big 12 Outdoors (5/14-16)
188-01	Kevin Fasing	Tom Benich Classic (4/3)
186-02	Kevin Fasing	Mt SAC Relays (4/15-17)
182-02	Alex Von Hagen	Fum McGraw (5/8)
179-11	Kevin Fasing	Big 12 Outdoors (5/14-16)
170-07	Kevin Fasing	Jack Christiansen (4/24)
154-10	Adam Salzmann	Jim Click (4/2)
149-04	Alex Von Hagen	Jim Click (4/2)

Pole Vault

15-05	Adam Salzmann	Big 12 Outdoors (5/14-16)
14-11	Adam Salzmann	Glenn Morris (4/22-23)
14-09	Adam Salzmann	Jim Click (4/2)
13-11.25	Eddie Taylor	Glenn Morris (4/22-23)
13-09.25	Alex Von Hagen	Jim Click (4/2)
13-09.25	Eddie Taylor	Jim Click (4/2)
13-01.50	Eddie Taylor	Big 12 Outdoors (5/14-16)
12-11.50	Alex Von Hagen	CU Invite (4/10)

Decathlon

6879	Adam Salzmann	Big 12 Outdoors (5/14-16)
6865	Adam Salzmann	Glenn Morris (4/22-23)
6739	Adam Salzmann	Jim Click (4/1-2)
6212	Eddie Taylor	Big 12 Outdoors (5/14-16)
6168	Eddie Taylor	Jim Click (4/1-2)
6143	Alex Von Hagen	Big 12 Outdoors (5/14-16)
5923	Eddie Taylor	Glenn Morris (4/22-23)
5919	Alex Von Hagen	Jim Click (4/1-2)

2010 Women's Outdoor Bests

100 Meters

12.97	Jennifer Gruver	CU Invite (4/10)
13.40	Amber Rozier	Tom Benich Classic (4/3)
13.42	Jennifer Gruver	Tom Benich Classic (4/3)
13.46	Krista Kiper	Tom Benich Classic (4/3)

200 Meters

26.17	Katie Dreher	Glenn Morris (4/22-23)
26.23	Katie Dreher	Big 12 Outdoors (5/14-16)
26.24	Brianne Beemer	Glenn Morris (4/22-23)
26.27	Jennifer Gruver	CU Invite (4/10)
26.29	Brianne Beemer	Big 12 Outdoors (5/14-16)
26.29	Katie Dreher	Fum McGraw (5/8)
26.32	Brianne Beemer	Jim Click (4/1)
26.56	Elizabeth Tremblay	Jack Christiansen (4/24)

400 Meters

59.33	Elizabeth Tremblay	Jack Christiansen (4/24)
59.40	Brooke Regan	Tom Benich Classic (4/3)
59.58	Brooke Regan	Jack Christiansen (4/24)
1:00.46	Elizabeth Tremblay	Tom Benich Classic (4/3)
1:00.82	Jennifer Gruver	Jack Christiansen (4/24)
1:04.09	Precious Lyons	Tom Benich Classic (4/3)

800 Meter Run

2:09.81	Emma Coburn	Big 12 Outdoors (5/14-16)
2:10.61	Emma Coburn	CU Invite (4/10)
2:11.25	Elizabeth Tremblay	Mt. SAC Relays (4/15-17)
2:11.99	Elizabeth Tremblay	Big 12 Outdoors (5/14-16)
2:11.35	Laura Thweatt	CU Invite (4/10)
2:11.40	Elizabeth Tremblay	CU Invite (4/10)
2:12.44	Emma Coburn	Big 12 Outdoors (5/14-16)
2:13.20	Brianne Beemer	Jim Click (4/2)

1,500 Meter Run

4:21.37	Emma Coburn	Payton Jordan Cardinal Invite (5/1)
4:25.27	Laura Thweatt	Payton Jordan Cardinal Invite (5/1)
4:29.69	Shalaya Kipp	Payton Jordan Cardinal Invite (5/1)
4:41.23	Shalaya Kipp	CU Invite (4/10)
4:50.19	Kristin Johansen	Front Range Classic (5/1)
4:50.65	Camille Logan	Fum McGraw (5/8)
4:52.14	Kristin Johansen	Tom Benich Classic (4/3)
4:52.31	Megan Burrell	Jack Christiansen (4/24)

3,000 Meters

10:14.82	Kristin Johansen	CU Invite (4/10)
10:22.63	Jhenya Nahreini	CU Invite (4/10)
10:33.85	Camille Logan	CU Invite (4/10)
10:42.62	Megan Burrell	CU Invite (4/10)

5,000 Meters

16:11.55	Laura Thweatt	Mt. SAC Relays (4/15-17)
16:29.38	Shalaya Kipp	Mt. SAC Relays (4/15-17)
16:55.12	Laura Thweatt	Big 12 Outdoors (5/14-16)
17:09.04	Kristin Johansen	Big 12 Outdoors (5/14-16)
17:11.67	Jhenya Nahreini	Mt. SAC Relays (4/15-17)
17:21.38	Camille Logan	Mt. SAC Relays (4/15-17)

10,000 Meters

34:34.41	Laura Thweatt	Stanford Invitational (3/26)
36:00.78	Jhenya Nahreini	Stanford Invitational (3/26)
36:18.64	Laura Thweatt	NCAA Prelims (5/27/29)
36:24.92	Camille Logan	Big 12 Outdoors (5/14-16)
36:43.20	Kristin Johansen	Big 12 Outdoors (5/14-16)

100 Meter Hurdles

15.08	Brianne Beemer	CU Invite (4/10)
15.26	Holly Odneal	CU Invite (4/10)
15.29	Brianne Beemer	Big 12 Outdoors (5/14-16)
15.31	Katie Dreher	CU Invite (4/10)
15.45	Brianne Beemer	Glenn Morris (4/22-23)
15.46	Holly Odneal	Glenn Morris (4/22-23)

400 Meter Hurdles

1:00.96	Brianne Beemer	Fum McGraw (5/8)
1:01.23	Brianne Beemer	Mt. SAC Relays (4/15-17)
1:01.60	Brianne Beemer	NCAA Prelims (5/27-29)
1:01.65	Brianne Beemer	CU Invite (4/10)
1:02.00	Joi Windham	Fum McGraw (5/8)
1:02.18	Brianne Beemer	Big 12 Outdoors (5/14-16)
1:02.39	Joi Windham	Tom Benich Classic (4/3)

3,000 M Steeplechase

9:51.86	Emma Coburn	NCAA Outdoors (6/12)
9:56.29	Emma Coburn	Mt. SAC Relays (4/15-17)
9:56.53	Emma Coburn	Big 12 Outdoors (5/14-16)
9:59.37	Shalaya Kipp	NCAA Outdoors (6/12)

9:59.69	Emma Coburn	NCAA Outdoors (6/10)
9:59.93	Shalaya Kipp	NCAA Outdoors (6/10)
10:08.35	Emma Coburn	NCAA Prelims (5/27-29)
10:10.04	Shalaya Kipp	NCAA Prelims (5/27-29)

4x400 Meter Relay

3:53.25	J. Windham/Regan/Beemer/E.Tremblay	Big 12 Outdoors (5/14-16)
3:53.43	J.Windham/Davis/E.Tremblay/Beemer	CU Invite (4/10)
3:57.64	T.Windham/Davis/Rozier/J.Windham	Tom Benich Classic (4/3)
3:59.52	J.Windham/Gruver/Rozier/Davis	Jack Christiansen (4/24)

Long Jump

17-01.50	Katie Dreher	Jim Click (4/2)
16-08.75	Brianne Beemer	Jim Click (4/2)
16-08.00	Katie Dreher	Glenn Morris (4/22-23)
16-05.25	Stephanie Echer	Glenn Morris (4/22-23)
16-04.50	Alyssa Frank	Jim Click (4/2)
16-03.25	Brianne Beemer	Glenn Morris (4/22-23)
16-03.75	Laurisa Canini	Jack Christiansen (4/24)
16-01.50	Danielle Reagin	Jack Christiansen (4/24)
16-01.50	Laurisa Canini	CU Invite (4/10)

Triple Jump

37-02.25	Katie Dreher	Fum McGraw (5/8)
36-11.00	Katie Dreher	CU Invite (4/10)
35-05.75	Katie Dreher	Big 12 Outdoors (5/14-16)

High Jump

5-06.50	Alyssa Frank	Big 12 Outdoors (5/14-16)
5-06	Laurisa Canini	CSU-Pueblo Invite (4/17)
5-04.50	Brianne Beemer	Big 12 Outdoors (5/14-16)
5-04.25	Laurisa Canini	CU Invite (4/10)
5-05	Laurisa Canini	Big 12 Outdoors (5/14-16)
5-03.00	Holly Odneal	Tom Benich Classic (4/3)
5-03.00	Sally Page	Tom Benich Classic (4/3)
5-03.00	Erin Overcash	Tom Benich Classic (4/3)

Shot Put

46-03.50	Kaity Kark	Fum McGraw (5/8)
44-10.25	Kaity Kark	Big 12 Outdoors (5/14-16)
44-08.75	Kaity Kark	UCCS Mines Dual Meet (4/30)
44-00	Chynna McCall	Fum McGraw (5/8)
43-09.00	Kaity Kark	CU Invite (4/10)
43-06	Chynna McCall	Front Range Classic (5/1)
43-04.25	Kaity Kark	Jack Christiansen (4/24)
41-07.25	Chynna McCall	Tom Benich Classic (4/3)

Hammer Throw

160-04	Kaity Kark	CU Invite (4/09)
158-08	Kaity Kark	Fum McGraw (5/8)
157-10	Kaity Kark	Jack Christiansen (4/24)
154-11	Emily Hunsucker	Big 12 Outdoors (5/14-16)
151-08	Kaity Kark	Tom Benich Classic (4/3)
151-01	Emily Hunsucker	CSU-Pueblo Invite (4/17)
150-04	Chynna McCall	Front Range Classic (5/1)
149-10	Max Van Dyke	Tom Benich Classic (4/3)

Javelin

127-08	Sally Page	CU Invite (4/10)
121-05	Sally Page	Big 12 Outdoors (5/14-16)
119-09	Sally Page	Jack Christiansen (4/24)
119-04	Sally Page	Tom Benich Classic (4/3)
113-03	Holly Odneal	Big 12 Outdoors (5/14-16)
109-04	Max Van Dyke	Jack Christiansen (4/24)
105-08	Alyssa Frank	CU Invite (4/10)
105-06	Alyssa Frank	Big 12 Outdoors (5/14-16)

Discus Throw

155-06	Kaity Kark	Big 12 Outdoors (5/14-16)
154-07	Kaity Kark	Fum McGraw (5/8)
148-07	Kaity Kark	Mt. SAC Relays (4/15-17)
146-09	Kaity Kark	Jack Christiansen (4/24)
143-07	Kaity Kark	CU Invite (4/10)
140-02	Kaity Kark	Tom Benich Classic (4/3)
135-08	Kaity Kark	UCCS Mines Dual Meet (4/30)
124-00	Emily Hunsucker	CU Invite (4/10)

Heptathlon

4680	Brianne Beemer	Big 12 Outdoors (5/14-16)
4669	Brianne Beemer	Jim Click (4/1-2)
4540	Brianne Beemer	Glenn Morris (4/22-23)
4515	Katie Dreher	Jim Click (4/1-2)
4510	Alyssa Frank	Big 12 Outdoors (5/14-16)
4445	Katie Dreher	Big 12 Outdoors (5/14-16)
4288	Katie Dreher	Glenn Morris (4/22-23)
4277	Holly Odneal	Big 12 Outdoors (5/14-16)